

Daily Word



A UNITY PUBLICATION
AUGUST 1951

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ, we pray for and decree a permanent peace uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, understanding, and right action for the good of all mankind.

JULY 20 to AUGUST 19

ILLUMINATION (11 a. m.): The illuminating power of Truth awakens and quickens my consciousness, and I discern clearly.

PROSPERITY (12 noon): Truth has set me free from all fear of insufficiency, and I abound in the wealth of Spirit.

HEALING (9 p. m.): Truth has set me free from all error thoughts and conditions. I now enter into possession of my divine inheritance of health.

AUG. 20 to SEPT. 19

ILLUMINATION (11 a. m.): I am the illumined child of God, and my whole being radiates the light.

PROSPERITY (12 noon): My mind and affairs are divinely adjusted, and I am at peace in the consciousness that I have all-sufficiency in all things.

HEALING (9 p. m.): I am established in the peace, poise, and power of Spirit. My trust is in God, and I realize my perfect wholeness.

DAILY WORD is published monthly by **UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI.** Single copies at 15c each. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Entered as second-class matter, at the post office at Lee's Summit, Missouri. Accepted for mailing at the special rate of postage provided for in sec. 1103; act of Oct. 3, 1917, authorized June 13, 1924.

Unity School publishes the following periodicals: *Unity*, *You*, *Weekly Unity*, *Good Business*, *Daily Word*, and *Unity Sunday-School Leaflet* at \$1 a year, and *Wee Wisdom* at \$2 a year.

DAILY WORD

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Vol. 55

AUGUST, 1951

No. 2

In This Issue

The Touch That Heals—Elizabeth Sand Turner - - - 2
The Consecration of the Room—Mary Brewerton De Witt 7
Poems: End of Day—Rowena Cheney - - - - Center
Morning Prayer—Ella Syfers Schenck - Back Cover

Cover in Color—Cy La Tour

Center Photograph—A. Devaney, Inc., N. Y., Robert Weichert

DAILY LESSONS FOR AUGUST

1. Relaxation	12. Eternal Good	22. Healing
2. Justice	13. Adjustment	23. Strength
3. Protection	14. Service	24. Trust
4. Forgiveness	15. Blessing	25. Harmony
5. Light	16. Creative	26. Freedom
6. World	Life	27. Calmness
7. Tolerance	17. Today	28. Supply
8. Friends	18. Divine Order	29. Healing Others
9. Guidance	19. Christ Presence	30. Security
10. Christ Life	20. Illumination	31. Peace of
11. Mastery	21. Prosperity	Mind

The Touch That Heals

ELIZABETH SAND TURNER

THERE WAS a woman who had been ill for a long time. However, she had not resigned herself to sickness; there was still hope in her heart. And after twelve years, she was healed—instantly, miraculously!

You can read this woman's story in the Bible, Matthew 9; Luke 8; Mark 5.

This woman, whose name is not given in the Biblical account, had heard of the marvelous healings of Jesus and she determined to go to Him.

At the time Jesus was on His way to the home of Jairus and with Him were the disciples and a large crowd of people. Jairus was a ruler of the synagogue, an important man in the community, and his request that Jesus restore his daughter had caused a large number of people to gather about the Master to witness the healing. Under the circumstances, there was no chance for this unimportant and unknown woman to command Jesus' individual attention. But she was determined to get near Him. "If I do but touch his garment, I shall be made whole," she said. So great was her faith in Jesus' power to heal!

Holding this thought in mind, she pushed

through the crowd that surrounded Jesus. She "came behind him, and touched the border of his garment: and immediately the issue of her blood was stanched. And Jesus said, who is it that touched me? And when all denied, Peter said, and they that were with him, Master, the multitudes press thee and crush *thee*. But Jesus said, Some one did touch me; for I perceived that power had gone forth from me. And when the woman saw that she was not hid, she came trembling, and falling down before him declared in the presence of all the people for what cause she touched him, and how she was healed immediately. And he said unto her, Daughter, thy faith hath made thee whole; go in peace."

In every account of healing in the Bible, there is something for us to take to ourself. If we are in need of healing, we must, like the woman, believe that it is possible for us to be healed; and as she had to thrust through the crowd to come near Jesus, so must we push through a multitude of thoughts in order to reach and touch the Christ indwelling. The more deep-seated our trouble, the greater the multitude of thought-people we must push through. When there is a bodily in-harmony, all sorts of doubts and fears clutter the mind and devastate the emotions. These fear thoughts keep us from the Christ, even though we

long to be with Him; and it requires courage and perseverance to make our way through them.

But our faith in the Christ gives us courage to seek healing in the face of thoughts that would hold us back; our desire for healing gives us the perseverance to keep on keeping on regardless of appearances.

The important point for us to remember in this story is that we must have faith and that we must have the courage and the perseverance to reach past every negative belief to touch the healing presence of Christ, which is within us.

We may feel that if we, too, could touch the hem of Jesus' garment we would be healed, but the power that healed the woman was not in the outer touch, nor in the garment; it was in her faith in God, which was quickened and awakened in the presence of Jesus.

The woman touched the hem of Jesus' garment, but spiritually she touched the healing Spirit of God, which was expressed through Jesus Christ. The physical contact was merely the outer symbol of the spiritual contact she made.

In Unity, we believe that the Christ is the real, spiritual self of all of us. Healing comes when we realize our true identity, when we come to know the Christ within us, when we see ourself as a perfect being. Through faith and prayer, we

awaken our spiritual nature; we feel a new life and vitality flowing from the center of our being. We touch the Christ—we get a realization of our perfect self, which cannot be sick—and we are healed. All spiritual healing comes about when our consciousness is so in harmony with the Christ that we feel His power flowing in and through us.

Like the woman in the story, our part is to have faith and to determine to find the healing Spirit of Christ. It does not matter how long we have been ill; it does not matter how hopeless our case seems; it does not matter what other persons may say or how they seem to stand in our way. If our vision is high, if we believe in God as all-power, if we believe that He is willing to heal, it is the right moment for us to seek Him and to reach Him. We reach the healing presence through prayer.

Like the woman in the story we long for and seek a healing power. But suppose she had stopped on the outskirts of the crowd, wrung her hands, cried, "Oh, I cannot reach Him," and returned home, reconciling herself to more years of sickness? Let us do what she did: put forth an effort to reach the healing presence. We should not believe with just our mind that wholeness is God's will for us; we should assert that belief by thinking, saying, and doing what we believe to

be true to our spiritual vision.

Truth students sometimes say, "Yes, I believe in the power of God to heal, but my trouble is so serious." There should be no "buts" or doubt. Say instead, "I believe in the power of God to heal." When we say we have faith but continue to admit a negative condition, we are actually accepting it as real. The negative condition is what we are touching!

Other people pressed against Jesus that day. Why were they not healed? God's healing is for everyone, but only he who touches God with faith receives. Everyone in the multitude could have been healed, but only one expected healing and only one received healing. The rest touched the man Jesus; the woman, by her faith, touched the Christ.

You, too, can touch the healing Christ; you too, can feel the healing power flowing in you and through you; you too, can hear the assurance in your heart, "Thy faith hath made thee whole; go in peace." You need only to make your way to His presence in the midst of you, to push past doubts and fears and negative habits of thought.

You can be healed. You can touch the Christ. His power is waiting to be poured through you as healing, restoring life.

The Consecration of the Room

MARY BREWERTON DE WITT

THE blessing of consecration, or purification, given here for house or room has been used for a number of years, and many have been benefited by it. Sit calmly in the room and speak these words aloud:

There is only one presence in this room. This one presence is the presence of God, or good. No evil can enter here. There is no evil in God. God, the good, dwells here. Whoever enters here will be conscious of the one divine presence of good.

There is only one presence here. This presence is the presence of life. There is no death here, nor fear of death. There is only life here. All fear is cast out. Whoever enters here will be conscious of this life, the pure and holy life of God.

There is only one presence here. This presence is the presence of Truth. No untrue thing can enter here. There is no falsehood, no deception, no envy, no jealousy, no selfishness in this room. Every untrue thought is cast out. Whoever enters here will be conscious of the presence of Truth.

There is only one presence here, the presence of health. No sickness can enter here; no impurity or fear can enter here. All weakness and sickness are cast out. Whoever enters here will be conscious of the presence of health.

There is only one presence here, the presence of purity. No impure thought can enter here. I live and dwell in the pure and holy presence of God. Whoever enters here will be conscious of the pure and holy presence of God.

This room is filled with peace and harmony. I dwell in the presence of peace. No restless or discordant thought can enter here. No irritation or fear can enter here. The presence of God is peace. Whoever enters here will be conscious of the presence of peace.

This room is filled with prosperity. I cannot lack for any good thing. There is no dissatisfaction here. Whoever enters here will be conscious of contentment, satisfaction, and prosperity.

This room is filled with beauty. There is one presence here, the presence of beauty. In God is all spiritual beauty. My room is glorified by His holy presence. Whoever enters here will be conscious of the beauty of holiness.

There is one presence here, the presence of wisdom. All foolishness, ignorance, doubt, and superstition are cast out. God is here, and God

is wisdom. I live and move in the presence of wisdom. Whoever enters here will be conscious of wisdom.

There is only one presence here, the presence of joy. Joy radiates here, filling this room. No sorrow can enter here. All depression is cast out. The joy of the Lord is here. I am surrounded by joy. I am filled with joy and happiness. Whoever enters here will be conscious of the presence of joy.

Only love dwells here. This room is filled with the presence of love. God is love, and love is here. All anger, hatred, and revenge are cast out. Love fills these walls. In love I live, move, and have my being. Whoever enters here will be conscious of the pure, holy presence of love.

I am thankful to Thee, O Father, that this room is filled with Thy presence. I am thankful that I live and move in Thee, O God, Thou holy One. I am thankful that I live in Thy life, Truth, health, prosperity, peace, wisdom, joy, and love. I am thankful that all who enter here will be conscious of Thy presence.

This blessing may be enlarged upon and added to; all those who use it realize the Truth in the word, for every good word is a power. A plan that has proved helpful is to begin with the first statement, and use each prayer for one week.

I NOW RELAX AND LET GO. GOD IS HEALING ME NOW.

I now relax and let go. I know that every organ and function of my body is capable of carrying on a perfect work, that every cell knows its appointed part. I relax and rest in the assurance that order and harmony and health are being established in every part of my body temple.

I do not try to force healing. I let it flow through me. I know that the life of God within me is more powerful than any appearance of disorder or disease. I know that the very substance of my body is spiritual, that God life fills every part. I bless my body; I bless every part. I give thanks for the divine intelligence in the cells of my body. I give thanks that without conscious effort on my part my body is continually being renewed, rebuilt, restored, revitalized. I am Spirit, my body is Spirit; and Spirit cannot be sick, Spirit cannot age; Spirit can be no less than perfect.

I relax and rest in God's love and care. I let go any tension or anxiety. All is well with me.

• *Bless Jehovah . . . who healeth all thy diseases.*
—PSALMS 103:2.

AUGUST 2

Thursday

MY FAITH IS IN THE EQUALIZING JUSTICE OF GOD.

REGARDLESS of the differences there seem to be in the physical, mental, or material advantages that men possess, each person has his origin in God and thus has equal access with everyone else to the estate of God. This estate includes every element of life or power that a person needs in order to meet his experiences in life victoriously.

When you learn to think of yourself and of your loved ones as possessing this spiritual heritage, you do not fear that others can take from you what is yours. You are not anxious or tense when you realize that you possess a spiritual heritage, that you have within you inexhaustible resources. You know that you are spiritually equipped to meet whatever comes.

A knowledge of the underlying justice of life keeps your heart free from bitterness or self-pity, it sustains you in time of need, it makes you know that even in the face of apparent injustice God's equalizing law establishes that which is right and just.

• *Thou dost establish equity.*—PSALMS 99:4.

I SET GOD BEFORE ME THIS DAY TO GUIDE, TO GOVERN, TO PROTECT, AND TO PROSPER ME.

AT THE beginning of this new day, I set God before me to guide, to govern, to protect, and to prosper me. I acknowledge God as the only presence and power in my life. I give thanks that He is with me in all that I do; I give thanks that all is well with me.

If I am in need of a new home or a job, if I am in need of guidance about any particular thing, I put myself in tune with the good; I open the way for my own to come to me by silently affirming, "*I set God before me to guide, to govern, to protect, and to prosper me.*"

If I am starting on a trip, I give thanks in advance for the protection, the guidance, the presence of God which will be with me every minute of the way.

To set God before me at the beginning of the day clarifies my thinking, establishes me in peace and confidence, and insures my success.

¶ *I have set the LORD always before me: because he is at my right hand, I shall not be moved.*—PSALMS 16:8 (A. V.).

GOD CLEANSES MY HEART OF ANY SENSE OF GUILT. I AM FORGIVEN, BELOVED, AND BLESSED.

THE CLEANSING, forgiving love of God is continually poured out upon us, regardless of how unworthy we may feel.

Sometimes a sense of guilt comes from the knowledge of some transgression that we cannot forgive ourself for, and sometimes it comes from some unremembered experience that leaves us with a vague and haunting condemnation of ourself.

We need to remember that God does not condemn us. He stands ready to help us return to the enjoyment of our true estate, which is all good.

Whether our sense of guilt comes from remembered or unremembered experiences, we are free from it as we turn to God and let His forgiving, healing love fill our heart and mind and life. His Spirit in us lifts us up and frees us and leads us in ways of peace and happiness.

We are God's beloved children. No matter how many times we fail to measure up to our ideals, He is ready to forgive, uplift, and bless us.

• *Clear thou me of bidden faults.—PSALMS 19:12.*

I NO LONGER WALK IN DARKNESS. THY LIGHT SHINES UPON ME. I WALK FREE AND UNAFRAID.

I OPEN my heart, my mind, my soul, my entire being to Thee, O God. Let Thy light shine through me. Light Thou every dark place. Illumine Thou me.

Though I may have walked in darkness, now I walk free and unafraid. All things are made new. I see myself and my life radiant with divine promise. I step forth free from the bondage of the past, clear-eyed, strong, conquering.

"Whereas I was blind, now I see." Now I see that Thou lovest me, that Thou hast drawn me with an everlasting love, that Thou hast a plan and a purpose for me.

Now I see the nothingness of my fears; now I see myself as Thou seest me; now I know the powers that are in me. I no longer walk in darkness. Thy light shines upon me. I am illumined. I walk free and unafraid.

*The people that sat in darkness
Saw a great light,
And to them that sat in the region and shadow of death,
To them did light spring up.*

—MATT. 4:16.

THE LORD GOD OMNIPOTENT RULES AND REIGNS SUPREME.

RATHER THAN believe that the destiny of the world is in the hands of a few men in high places, let us always remember that this is God's world, that His Spirit created this world and is now moving through it and through all people in it to bring forth peace and justice and right conditions.

The Lord God Omnipotent rules and reigns supreme. His rule cannot be overthrown, regardless of appearances, regardless of how unjust or unwise the actions of world leaders may seem.

God's Spirit of good, His power, His might are greater than human weakness, human misunderstanding, human pride, human prejudice. As we keep faith in God, rather than give way to fear or criticism or depression, we add the force of our faith, our thought, our prayers to the side of that which is right and just and rewarding for all. What we think about the world situation, how we react to what we read, what we see, what we hear from day to day is important, for this is our individual contribution to peace.

¶ *One man of you shall chase a thousand.*—JOSH. 23:10.

THE LIGHT OF GOD PENETRATES EVERY CORNER OF MY MIND AND HEART. I SEE ALL PERSONS AND ALL THINGS WITH UNPREJUDICED EYES.

SOMETIMES we carry prejudices and dislikes in our mind and heart for years without recognizing them as such. We feel that we have a right to feel as we do about certain persons and conditions, and we justify and rationalize our intolerance and prejudice.

But we cannot be truly at peace in our mind when we are prejudiced against another person, for something in us will not really let us accept prejudice as right and just. Something in us feels unsatisfied, but we do not realize that this feeling of unsatisfaction has a direct connection with our personal prejudices or dislikes.

Personal effort and will power are not enough to wipe out all intolerance or prejudice from our mind and heart. But when we open our mind and heart to God, when we let His light penetrate every corner, we are able to view persons and conditions with understanding. We feel free and happy in ourself.

• *My God will lighten my darkness.—PSALMS 18:28.*

Wednesday

I LOVE AND BLESS MY FRIENDS AND GIVE THANKS TO GOD FOR THEM.

FRIENDSHIP is one of the many ways in which God shows His love and kindness to man. When your friends and dear ones show you a kindness, it is, in reality, God seeking to help you through them. Their loving and ever-ready desire to make your life more joyous and more peaceful is motivated by God's love for you. Their kind words and their uplifted vision, which looks beyond your faults to the goodness within you, is the Spirit of God telling you what He really thinks of you. Your friends and dear ones are the loving Spirit of God manifesting itself in your life.

Remember, too, that you are a channel of God's love for others. Every time you are kind and generous, every time you are a good friend, you are opening the way whereby God can radiate His healing Spirit through you into the lives of others.

As you love and bless your friends for the happiness and good they bring into your life, you are praising and blessing and loving God.

• *Greater love bath no man than this, that a man lay down his life for his friends.*—JOHN 15:13.

I ACKNOWLEDGE GOD AS THE SOURCE OF MY
GUIDANCE, AND I TRUST HIM TO REVEAL
RIGHT DECISIONS TO ME.

EVERY DAY we have decisions to make. Sometimes they are decisions that seem of small importance; sometimes they are decisions that affect the whole course of our life. Right decisions are revealed to us as we become still and open our mind to God's light. If we feel hesitant or undecided, we can breathe a prayer, "God, show me the way." As we are receptive to divine guidance, our way becomes clear to us; we know what to do; we have the courage to make decisions, to act on the leadings that come to us.

When we ask that we be shown the way, God always helps us. Sometimes it is the advice or counsel of a friend or a teacher that turns on His light in our mind. But whatever it is that helps us to make up our mind, whatever it is that helps us to reach a decision, we may know that it is part of the light that shines from God to help us on our way.

*In all thy ways acknowledge him,
And he will direct thy paths.*

—PROV. 3:6

THE RADIANT, HEALING SPIRIT OF JESUS CHRIST DWELLS WITHIN MY BODY TEMPLE NOW.

CHRIST IS the living presence within my body temple now. Christ is a healing, harmonizing, resurrecting presence. I relax in the realization that He is healing every cell and atom of my being now. I surrender myself to His transforming power. I know that even now He is healing, blessing, and adjusting every department of my life.

The Christ presence within me is now illuminating my mind with the ideas I need for perfect, harmonious living. The Christ presence within me is now calming my emotions and transforming my reactions from fear and resistance to faith and courage. The Christ presence within me is now filling my body with life and strength and is guiding me to a new enjoyment of life:

The radiant, healing Spirit of Christ dwells within my body temple now. I am healed and blessed.

• *Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.—JUDE 20.*

THROUGH THE CHRIST IN ME, I AM FREE.
THROUGH THE CHRIST IN ME, I HAVE CONTROL.

IF YOU are not the master of your emotions and habits, know that you have the power to become master. When you feel moody or irritable, when you feel the need to escape from yourself, assert your mastery. Say to yourself: "I refuse to feel unhappy. I refuse to give way to a habit that I know is not good. Through the Christ in me, I am free. Through the Christ in me, I am in control." You have a spirit in you that knows it is the master, and it will sustain you in these claims and in these efforts toward self-discipline and self-control.

A person subject to depression, self-pity, resistance, jealousy, or intemperance is not aware of the powers that lie within him; he does not have the true thought about himself.

Every life has a spiritual purpose, every person is a spiritual being. Anyone can take control of his thoughts and emotions and reactions and let go of all that is keeping him from happiness and achievement.

• *If I am a master, where is my fear?*—MAL. 1:6.

I TRUST THE ETERNAL LOVE AND GOODNESS
OF GOD.

“I CAN but trust that good shall fall

At last—far off—at last to all,

And every winter change to spring.”

Sometimes it seems that people have difficult experiences to meet, and it is not easy for us to see how they shall be able to rise above these experiences, how they shall ever find happiness again.

But our faith in the eternal love and goodness of God assures us that even when, to human senses it seems that all is lost, with God there is always a way, with God there is always renewal, with God there is always resurrection out of the dark hours into the light.

Instead of feeling sad or unhappy because of seeming loss or failure or injustice, either in our own life or in the life of a dear one, let us stand fast in our faith, let us “trust that good shall fall . . . at last to all.”

• *Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee. Again will I build thee, and thou shalt be built . . . for I will turn their mourning into joy, and will comfort them.*

—JER. 31:3, 4, 13.

WITH GOD'S HELP, I ADJUST MYSELF EASILY AND PERFECTLY TO ALL PERSONS, CONDITIONS, AND CIRCUMSTANCES.

To be able to adjust oneself to persons and conditions and circumstances is one of the primary requisites for happy living. Even if it seems difficult for you to adjust to certain persons or certain conditions, you can develop this ability through gaining a greater understanding of others as well as of yourself.

You cannot always understand why another person speaks or acts as he does, but you can always be tolerant and kindly in your thoughts toward him. When you avoid anger and irritation, when you have respect for the feelings of others, you are able to remain gracious and helpful under all circumstances.

The ability to adjust oneself harmoniously is not developed without conscious effort, but the more we work with our own attitudes of mind and heart, the more tolerant and understanding we become, the more adaptable and harmonious we become.

• *There is a happy end to the man of peace.—PSALMS 37:37.*

GOD IS WITH ME, ENABLING ME TO DO THE THINGS THAT NEED TO BE DONE BY ME.

ALL OF us have things to do, and we can accomplish our tasks more efficiently and quickly if we remember that God is with us, enabling us to do the things that need to be done by us.

When we think of ourself as working with God, we are illumined as we proceed with our tasks; we see the right way to do things; we see how to use our time and efforts to best advantage; we are inspired to give more than just the minimum thought and effort to what we are doing. We are inspired to give our best, and the results are gratifying.

As we keep in mind through the day that God is with us, enabling us to do the things that need to be done by us, we are awakened to new ways of using our powers and abilities; we see better ways of serving; we find that we have time to do many things that we have heretofore thought impossible to us; we are filled with the willingness to work.

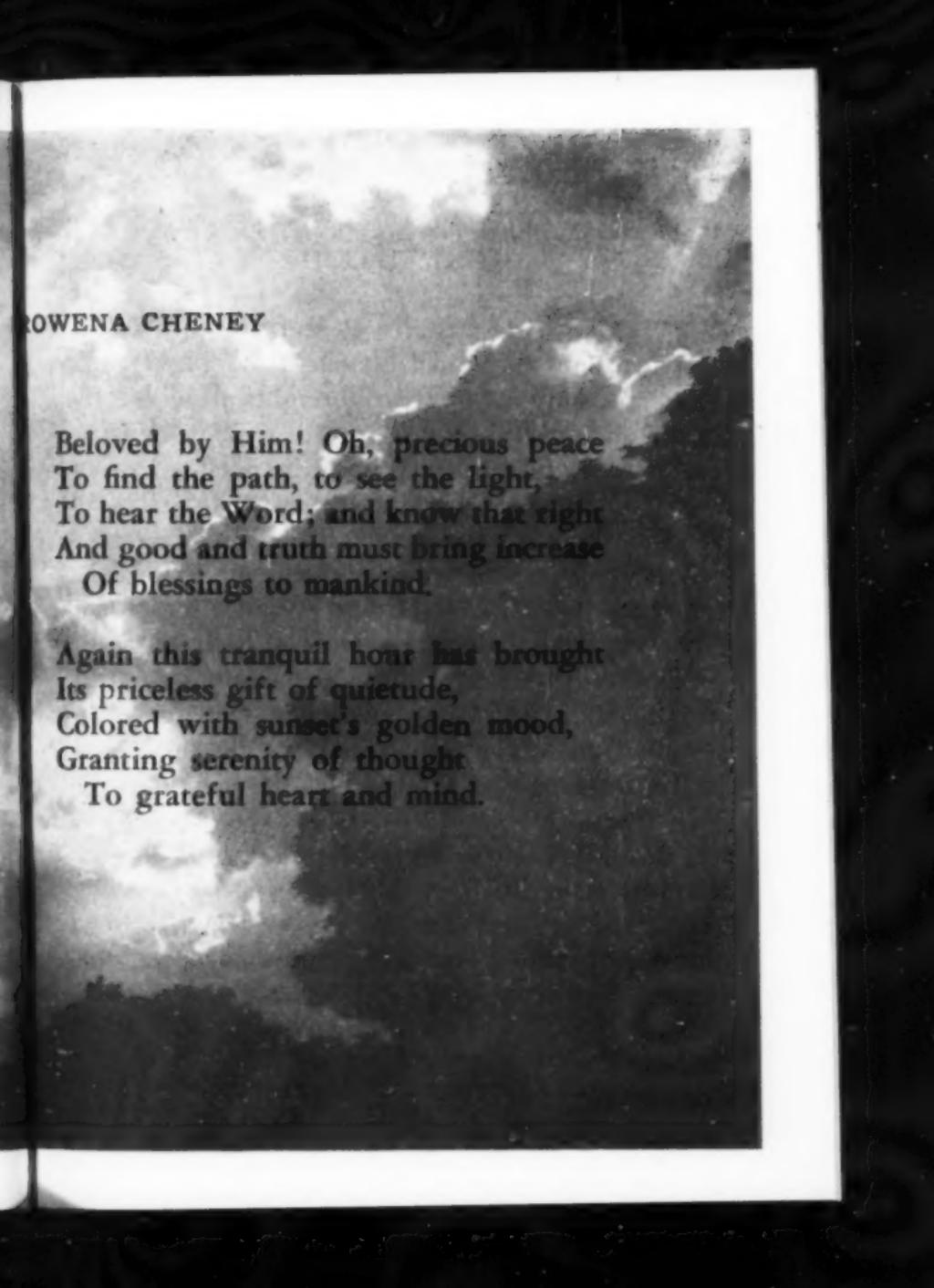
• *I can do all things in him that strengtheneth me.*
—PHIL. 4:13.

End of Day

Now at the end of day I rest,
Watching the shadows ride the hill,
Listening to the whippoorwill
Salute this hour he loves the best—
When sunset floods the sky.

Now let me pause, be still and know
That I am part of God's great plan,
That I have been, since time began,
And I rejoice to have it so.
His loving child am I.



A black and white photograph of a landscape. The top half shows a sky filled with various cloud formations, from wispy cirrus to darker cumulus. The bottom half is dominated by a dark, silhouetted foreground, possibly a forest or a field at dusk. The overall mood is contemplative and peaceful.

ROWENA CHENEY

Beloved by Him! Oh, precious peace
To find the path, to see the light,
To hear the Word; and know that right
And good and truth must bring increase
Of blessings to mankind.

Again this tranquil hour has brought
Its priceless gift of quietude,
Colored with sunset's golden mood,
Granting serenity of thought
To grateful heart and mind.

Wednesday

AUGUST 15

I BLESS ALL PERSONS, SILENTLY LIFTING EACH ONE TO GOD.

THERE IS no better way to come into a realization of God's blessings than by quietly blessing in your own thoughts all who come into your mind. As you go about your work, bless each loved one, each neighbor, each friend whenever you think of him or speak of him. This is the way to overcome the tendency to worry about others; this is the way to overcome critical or unloving thoughts of others.

As you walk along the street, silently bless the policeman directing traffic, the laughing child, the busy mother, the boisterous teen-ager, the postman unlocking the letter box. Bless each one in the thought that God is with him, his help in every need.

As you pass a building, bless those inside with a kindly thought. With a silent blessing, a handshake, a smile, or a cheerful word, you will spread God's love about you and be joyously aware of His blessing in return.

*Bless Jehovah, O my soul,
And forget not all his benefits.*

—PSALMS 103:2.

I HAVE FAITH IN THE CREATIVE POWER OF GOD WITHIN ME.

WHEN you plant seeds in the ground, you do not stand by anxiously until the seeds bring forth fruit. You cultivate the ground and provide nourishing conditions, but you do these things in faith, in anticipation of the harvest. You cannot see what the life within the seed is doing, but you know that it will put forth its fruit in season.

The prayers, the desires of your heart are like the seeds planted in the ground. They have within them a creative power. When the mind is cultivated with thought and the heart enriched with faith, then the ideas you have planted there put forth their fruit.

You cannot see the hidden processes of God, but your faith assures you that you will reap a rich harvest of good in your life.

When you have faith in the creative power of God within you, you meet each day with assurance and poise for you know that God's good work is being carried on.

• *He shall be like a tree . . . that bringeth forth its fruit in its season.*—PSALMS 1:3.

I BLESS THIS DAY AND DEDICATE IT TO RECOGNIZING AND SERVING GOD.

I BLESS this day and dedicate it to seeing, hearing, and knowing only good. The hours that stretch before me offer endless opportunity for recognizing and serving God, and I consecrate my mind, my heart, my tongue, and my hands to His service.

I see good in myself and in every condition of my life. I behold good in my loved ones and in every person I meet today. I do not allow my mind and heart to become troubled with doubt, fear, or anxiety, but I keep them filled with the realization of the presence and power of God. I withhold words of criticism and complaint and speak only words of praise and blessing. I bless my hands, knowing that each task they perform is the outward expression of my good will toward my fellow men and my desire to serve God. This day, dedicated to God, will broaden my understanding, increase my spiritual stature, and enrich my entire life.

¶ *Ye stand this day all of you before Jehovah your God . . . that he may establish thee this day unto himself.*—DEUT. 29:10, 13.

DIVINE ORDER AND HARMONY ARE NOW ESTABLISHED IN MY MIND, BODY, AND AFFAIRS THROUGH THE POWER OF THE INDWELLING CHRIST.

HERE IS a Spirit in us that lifts us out of confused thinking, that gives us initiative and courage, that enables us to act wisely and effectively. This Spirit is the indwelling Christ, God's own Spirit in us.

Sometimes we forget that we have this Spirit in us, and we feel that our life is without direction or purpose. But the Christ is always with us; His power is always with us. Whenever and however we need help, He is always with us, working through us, blessing us and guiding us.

Whenever we feel confused or afraid or inadequate to meet the things that are before us, let us affirm that divine order and harmony are now established in our mind, body, and affairs through the power of the indwelling Christ. This will lift our thought, and we shall feel new power filling us; we shall have the courage and the understanding to do whatever needs to be done by us to bring forth order and harmony.

• *We have the mind of Christ.—I COR. 2:16.*

I KEEP MY VISION UPON THE CHRIST PRESENCE IN EVERYONE I MEET OR THINK ABOUT.

LOVING FATHER, above all, I desire to keep my thoughts about others kind and understanding. Help me to keep my vision upon the Christ presence in everyone I meet or think about. I would not let my thoughts linger upon the weaknesses or seeming mistakes of others, but I would remember, Father, that Thy Spirit does not condemn a man for what he does, but rather loves and helps him to become whatever he desires.

Help me, Father, to keep loving silence when I am tempted to speak unkindly about another or to carry a tale that is better left unsaid. I would let the Spirit of Christ so fill my thoughts and emotions that no matter what the situation I remain poised and kind.

Help me to remember the words of Jesus, "Whosoever ye stand praying, forgive, if ye have aught against any one." I would continually cleanse my heart of unkind or critical attitudes and let the Christ shine through.

♦ *In love of the brethren be tenderly affectioned one to another.—ROM. 12:10.*

I AM THE ILLUMINED CHILD OF GOD, AND
MY WHOLE BEING RADIATES THE LIGHT.

—UNITY ILLUMINATION THOUGHT.

Now, this moment, I realize anew the truth that I am the illumined child of God. His divine presence fills me, and my whole being radiates the light—the light that dispels the darkness of ignorance and misunderstanding.

I realize anew the truth of the declaration: "God is light, and in him is no darkness at all." Because God is my Father, and He is light, I am forever free in His name and through His power from fear, worry, resentment, and the other negative emotions that hinder my spiritual unfoldment.

I give thanks for the clear realization that God's perfect wisdom is now mine. I forthrightly dismiss forever from my mind and heart all beliefs that I am inadequate, inefficient, ignorant, or incapable. I replace these negative beliefs with the positive assurance that God's light in me makes me strong, powerful, wise, efficient, capable, and victorious over every adverse condition.

♦ *God is light, and in him is no darkness at all.—I JOHN 1:5.*

MY MIND AND AFFAIRS ARE DIVINELY ADJUSTED, AND I AM AT PEACE IN THE CONSCIOUSNESS THAT I HAVE ALL-SUFFICIENCY IN ALL THINGS.—UNITY PROSPERITY THOUGHT.

TODAY I realize anew that divine order is now perfectly established in my mind and affairs. I am at peace because I know that God is my infinite resource, my constant support, and my unfailing supply of everything I require to live a full, happy, and successful life.

There is no longer any sense of disorder in my mind, and, consequently, all the affairs of my life are in perfect adjustment. I have perfect trust in God, my loving and infinitely kind Father. He accepts the work of my hands, which I do willingly, joyously, and efficiently in His name and to His glory. In the innermost depths of my being, I hear Him speak to my spirit, saying; "Well done, good and faithful servant: thou hast been faithful . . . I will set thee over many things." My spirit rejoices in Him, and peace fills my heart, for I know that I have all-sufficiency in all things.

¶ *Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world.*
—MATT. 25:34.

I AM ESTABLISHED IN THE PEACE, POISE, AND POWER OF SPIRIT. MY TRUST IS IN GOD, AND I REALIZE MY PERFECT WHOLESOME.—UNITY HEALING THOUGHT.

TODAY I am established in the peace, poise, and power of Spirit. My trust is in God, my Father, in whom I live, move, and have my being, and I realize my perfect wholeness of mind and body through the healing ministry of His Spirit.

I am established in the peace of Spirit. Peace is mine; deep, satisfying, full. I abide in peace.

I am established in the poise of Spirit. I am poised and centered in the loving-kindness of God, in whom I have put my full trust.

I am established in the power of Spirit. I decree that perfect health is now mine, and my health is made manifest by the all-powerful energy of Spirit, which is obedient to my word spoken in faith and trust.

My trust is in God. I unquestioningly and wholeheartedly rely on Him to make and keep me whole. I realize my perfect wholeness.

• *The God of peace . . . make you perfect in every good thing to do his will.—HEB. 13:20, 21.*

CHRIST IN ME IS THE INEXHAUSTIBLE SOURCE OF MY STRENGTH AND MY LIFE.

CHRIST in me is the inexhaustible source of my strength and my life. The Spirit of Christ in me does not become tired. I let His Spirit express itself through me and work through me. I do not work with strain, tension, or fear, but I work in a relaxed manner, keeping my hands busy and my mind filled with the realization that His power in me is my untiring ability to do and to be.

Christ in me is my source of energy and my life; His Spirit refreshes the muscles of my body and sends a strong, healing flow of new life through every vein and artery of my being.

There is no sluggishness or weakness in Christ. He is a strength-giving Spirit, a Spirit that is momentarily guiding me to health of mind, emotions, and body. His radiant life shines through every cell of mind and body.

Christ in me is the inexhaustible source of my strength and my life.

¶ *They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles.—ISA. 40:31.*

I TRUST THEE WHOLLY AND COMPLETELY.

To everyone who is anxious about the safety, the health, or the well-being of a loved one, we say: The only way you can really help your loved one is not by being anxious but by having faith in the power of God as present with him, his help in every need.

To everyone who is afraid that some harm will befall him, who is fearful of other persons or conditions, we say: "Perfect love casteth out fear." The way to overcome your fear is to rely on the love of God, to know that in Him you live and move and have your being, that nothing can ever separate you from His love. Day and night He is with you, your help in every need.

To everyone who dreads old age, lack, or ill-health, we say: You are Spirit and you are ageless. The life of God forever fills your body, renewing you and restoring you. His Spirit in you is your unfailing resource and works through you to bless you, to prosper you, to heal you, to make a way for you where there has seemed to be no way.

• Blessed is the man that trusteth in Jehovah.—JER. 17:7.

I HAVE NO FEAR OF OTHER PERSONS, FOR I KNOW THAT MY GOOD IS ASSURED BY GOD'S SPIRIT WITHIN ME.

NO ONE has the power to undermine my good. My good is assured by God's Spirit within me.

As I remember this, nothing anyone says or does has the power to hurt me or upset me. I maintain inner poise; in so far as I myself am concerned, I remain a center of peace.

I give the thoughts, the feelings, the situations that need harmonizing to God for His blessing. I remember always that His love, His transforming power is at work in every situation. I keep my mind stayed on Him and I am undisturbed and undismayed by the words, the actions, the attitudes of those who seem unloving or inharmonious.

I discipline my own thoughts and emotions; I keep them constructive and loving. As I do this, I experience a lifting up and a freedom that enables me to see every person and every situation in the right perspective, to see what my part is in establishing harmony.

• *Jehovah looketh on the heart.—I SAM. 16:7.*

AUGUST 26

Sunday

I AM NOT BOUND IN PERSONAL CONSCIOUSNESS. I AM FREE WITH THE FREEDOM OF SPIRIT.

SOMETIMES we are bound in personal consciousness without realizing it. We think that what we need is more love and appreciation, more opportunity, more happiness, when our real need is freedom.

Do you have a feeling of resentment or bitterness toward some other person? Do you feel that your work and your efforts go unnoticed and unappreciated? Do you feel that others are critical of you, that they talk about you, that they undermine your good? If you have any such feelings, you are bound in personal consciousness. Your need is freedom.

In Spirit, you are not bound; in Spirit, you are free. But you need to claim your freedom.

Whenever you feel yourself becoming depressed, resentful, unhappy, instead of blaming other persons, instead of blaming circumstances, take a stand for freedom in yourself. Affirm: "I am not bound in personal consciousness. I am free with the freedom of Spirit."

• *The truth shall make you free.—JOHN 8:32.*

I TURN MY THOUGHTS TO GOD AND RELAX AND REST.

IN ORDER to feel the presence of God within us we need to relax the tensions of mind and body. To repeat affirmations with a sense of pressure and anxiety and with a body that is tense brings forth few, if any, results, but to repeat those same affirmations with quiet firmness and with a body that is relaxed brings forth results.

The quiet approach to Spirit is the most powerful approach. The mightiest weapon we can wield against fear and inner unrest is calmness. Tension of mind and body is dissolved as we become very quiet, as we relax and rest in God.

The most agonizing thoughts and feelings loosen their hold on us the moment we calmly repeat our affirmations of Truth.

The calmness with which we pray determines how quickly we feel God's healing Spirit.

Let us say to our thoughts and emotions, "Be still, and know that I am God."

*Be still, and know that I am God:
I will be exalted.*

—PSALMS 46:10.

AUGUST 28

Tuesday

I SEEK GOD WITH MY WHOLE HEART, AND PROSPERITY IS MANIFESTED IN MY LIFE.

WE READ in the writings of Charles Fillmore: "Jesus said that all things should be added to those who seek the kingdom of heaven. We do not have to wait until we have fully entered the kingdom or attained a complete understanding of Spirit before prosperity begins to be manifest, but we do have to seek, to turn the attention in that direction. Then things begin to be added unto us. Thousands of people are proving the law in this age. They accept the promise of the Scriptures and are looking to God to supply their every need. In the beginning of their seeking they may have little to encourage them to believe that they will be provided for or helped along any particular line. But they carry out the command to seek and in faith act just as though they were receiving, and gradually there opens up to them new ways of making a living. Sometimes avenues are opened to them to which they are a stranger, but they find pleasant experience and are encouraged to continue seeking the kingdom of God."

* *Seek ye first his kingdom.*—MATT. 6:33.

I GIVE THANKS THAT GOD IS IN THE MIDST OF YOU—YOUR LIFE, YOUR STRENGTH, YOUR PEACE, YOUR PERFECT HEALING.

IF THERE is someone dear to you in need of healing, you can help him through prayer. It may not seem to you that you have very great faith or understanding, but you have far more spiritual power than you realize, your prayers can help far more than you know.

Your part is to keep your mind free from fear and anxiety concerning the one you would help. No matter how serious the condition, no matter how unhappy or how hopeless this person seems, there is a spirit in him that is always one with God, that responds to Truth. Whenever you think of the one you would help, think of him as he is in God's sight, think of him as having the life of God in the midst of him, as having the strength, the energy, and the courage he needs to meet life victoriously.

Your faith will reach him, and the spirit in him will feel an uplift; it will respond to your prayers.

¶ *The prayer of faith shall save him that is sick and the Lord shall raise him up.—JAMES 5:15.*

GOD'S SPIRIT WITHIN ME IS MY STRENGTH
AND MY SECURITY.

MY STRENGTH and my security lie in God's Spirit within me. It is in this Spirit that I place my faith. I do not ignore the problems of our world, but I do not fear these problems; I do not fear change; I do not fear the passing of years; I do not fear the responsibilities of life.

I know that at any time, under any circumstance, I have within me an unfailing source of guidance and help. If what I read in the newspapers, hear over the radio, or am told by other persons disturbs my faith, I remind myself of my inner source of help. I seek God's guidance and His voice of assurance, for I know that it is from Him that I receive the intelligence and the courage I need to meet everything in life calmly and constructively.

No matter what change takes place in my life or in the economic or political life of this nation or the world, I keep my faith centered in God. I know Him as my strength and my security, and I do not fear.

• *God is our refuge and strength.—PSALMS 46:1.*

I SEE YOU AS GOD'S CHILD, AND I SET YOU FREE FROM ANY THOUGHT OF CRITICISM OR CONDEMNATION.

WE CANNOT be completely happy and free in our mind, we cannot fully express our God powers and abilities when part of our mind is given over to critical and unloving thoughts about other persons.

We need to work with our thoughts in order to come to the place where we can truly express the spirit of divine love and understanding toward everyone and everything.

If there is anyone about whom we feel critical or unloving, we can begin to overcome this feeling by sending him a thought of blessing, by seeing him as God's child. He, of course, will benefit by our good thought of him, but we shall benefit far more, for when we sincerely breathe a prayer of blessing for someone we have disliked or disapproved of, we take a step toward greater spirituality.

• *If therefore thou art offering thy gift at the altar, and there rememberest that thy brother hath aught against thee, leave there thy gift before the altar, and go thy way, first be reconciled to thy brother.*—MATT. 5:23.

This Month IN UNITY



A Career for Young Men

There is no more rewarding field of service open to a spiritually minded young man today than that of the Unity ministry.

World conditions have brought people to see the utter necessity for spiritual leadership. Unity is doing its utmost to meet this need through its books and magazines, which go into more than a million homes; its radio programs, which reach more than three million people; and its Silent Unity ministry of prayer. Yet more needs to be done.

In more and more cities Unity students are joining together to study and pray, forming Unity centers and churches. Today there is a constantly growing demand for young men to lead these groups. To meet this demand, Silent Unity is conducting an educational program to train young men who are vitally interested in Truth to be Unity leaders and ministers.

This is a practical program.



The classes expertly equip the student to become a Unity minister, and at the same time, work is provided in Silent Unity for students who need to supplement their incomes while studying for the ministry.

Young men who are high-school and college graduates and who can type forty-five words a minute are eligible to apply. Further information may be obtained by addressing The Director of Silent Unity, Lee's Summit, Missouri.

A Gift for Service Personnel



Wherever You Are God Is is the title of a new free booklet published by Unity. The booklet was designed for giving to men and women who are now serving in the armed forces. Included in the booklet is Unity's "Prayer for Protection":

"The light of God surrounds you;
The love of God infolds you;
The power of God protects you;
The presence of God watches over you;
Wherever you are, God is!"

Also included in the booklet are "The Prayer of Faith," "My Hand in God's" (a poem), "You Are Not Alone" (an article), "Prayer for World

Leaders," "Prayer for Peace," "The 23d Psalm," "The 91st Psalm," and a number of meditations from *Daily Word*.

Address your request for free copies of this booklet to Unity School of Christianity, Lee's Summit, Mo.



Popular Feature Resumed

Beginning with the current issue of *You* magazine, Unity's monthly magazine for teen-agers, readers will be introduced to the popular feature "Treasure Mapping." Treasure mapping is a self-improvement project that young people will enjoy. It consists of clipping words and pictures from magazines, newspapers, and other literature, that depict the things, ideas, or qualities of character they desire to manifest or express. These clippings are then pasted on a large sheet of paper or cardboard, thus forming a "treasure map," which may be hung on the wall of the treasure-mapper's room or wherever he can see it often and try each day to live according to it.

If you should like to learn how to treasure-map (adults, too, find it fun!), order a subscription for *You* magazine from Unity headquarters. It is \$1 a year.

THE MAGAZINE WITH UNIVERSAL APPEAL

No matter what your occupation, your station in life, or your surroundings, you are sure to enjoy WEEKLY UNITY—the Truth magazine with universal appeal!

A COLLEGE STUDENT SAYS—"Your WEEKLY UNITY

"New light..." papers have helped me in so many ways. I am a college student, and these lessons in Truth have brought new light into my life."

A DEVOTIONAL CHAIRMAN WRITES—"I am the Devotional Chairman for our Woman's Auxiliary,

"Wonderful Help..." and I find WEEKLY UNITY a wonderful help to me in preparing my talk each month."

FROM AN ACTOR—"Thank you for WEEKLY UNITY!

"Everything to me..." It is everything to me. I even take it to the theater where I am working, and recently a curious thing happened: when I left a copy in the dressing room, several actors read it in my absence and came to me with stories of how they were immensely helped."

AND A RANCH DWELLER—"I live on a ranch many miles

"Faithful..." from any city, and it is just about impossible for me to attend any church, so I depend on faithful little WEEKLY UNITY and my Bible to show me the way to God."

WEEKLY UNITY is only \$1 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

IS YOUR CHILD A "SOCIAL PROBLEM"?

Does your boy or girl find it hard to make friends? To be a good sport? To do assigned tasks cheerfully?

Then why not give him WEE WISDOM, the character-building monthly magazine that all children love? Through its many fascinating stories, colorful pictures, interesting handicraft projects, songs, and games, your child will learn wholesome, positive ways of thinking and acting that will help him adjust himself happily to any situation in which he finds himself.

WEE WISDOM is an ideal recreational magazine for boys and girls 5 to 13 years of age that builds character not by "preaching" but by a subtle kind of teaching that makes self-improvement fun for the child. Order it for the children in *your* family! The subscription price is \$2 a year.



UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

"IN QUIETNESS AND IN CONFIDENCE SHALL BE YOUR STRENGTH"

Do you need help in facing your problems with quietness and confidence? Then the Prosperity Bank drill will help you, for it includes a drill in right thinking.

Seek the good you need, the prosperity you desire, by building into your consciousness the truth that God is the source of all supply and there is no lack of any good thing. The daily use of the Bank drill will help you in establishing this consciousness and in bringing more good into your life. The Bank plan also gives you an easy way to share your blessings with others by saving for gift subscriptions for **DAILY WORD** for your friends.

Unity School of Christianity, Lee's Summit, Missouri

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three **DAILY WORD** subscriptions (one year each) listed below:

1. Name _____

Street _____

City _____ State _____

2. Name _____

Street _____

City _____ State _____

3. Name _____

Street _____

City _____ State _____

SENDER'S NAME _____

Street _____

City _____ State _____

Please indicate postal zone number, if cities are so divided. D-8-81

A DEEPER UNDERSTANDING CAN BE YOURS!

Are you a person who is not as happy, as prosperous, as healthy as you should like to be? Are you inclined to believe that God has not heard your prayers or that He is "punishing" you for past mistakes? Then perhaps you need, above all else, a new and deeper understanding of God. This greater understanding can be yours by observing Unity's annual

LESSONS IN TRUTH WEEK

September 10-16

Simply by reading and studying for one week the basic Unity textbook *Lessons in Truth*, by H. Emilie Cady, you will gain a new conception of God that will enable you to change your attitudes toward life and equip you to meet it with victorious faith and confidence.

The book *Lessons in Truth* may be ordered from your local Unity center or direct from Unity headquarters. With each book ordered you will receive a free copy of *The Lessons in Truth Study Guide*, a small booklet suggesting ways of getting the most out of *Lessons in Truth* and giving you an outline for each day's study.

Lessons in Truth is \$1 a copy.



UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MO.



Morning Prayer

Lord, in the quiet of this morning hour
I come to Thee for peace, for wisdom, power
To view the world today through love-filled eyes;
Be patient, understanding, gentle, wise;
To see beyond what seems to be, and know
Thy children as Thou knowest them; and so
Naught but the good in anyone behold;
Make deaf my ears to slander that is told;
Silence my tongue to aught that is unkind;
Let only thoughts that bless dwell in my mind.
Let me so kindly be, so full of cheer,
That all I meet may feel Thy presence near.
O clothe me in Thy beauty, this I pray,
Let me reveal Thee, Lord, through all the day.

—Ella Syfers Schenck.

